

where to go for care during the COVID-19 outbreak

If you have a fever and upper respiratory symptoms, including shortness of breath or cough, **CALL 515.875.9268.**

Amidst the COVID-19 outbreak, it can be difficult to know where to seek care. It is important you are getting the correct medical attention while keeping yourself and others safe. Refer to this chart to make the best healthcare decision for your symptoms.



	Primary Care	Urgent Care	Emergency Room	Virtual Clinic
Cost	\$	\$	\$\$\$	\$
Convenience	Normal business hours	Expanded hours and weekends	24/7	Varies—expanded hours to 24/7
Level of Need	Nearly all conditions that can be treated within a day	More immediate health issues that can't wait	Life-threatening, emergency situations only	Common illnesses and injuries

Conditions Treated

Preventive Care (Call Office)	✓			
Cold and Flu	✓	✓		✓
Pink Eye	✓	✓		✓
Stomach Problems	✓	✓		✓
Fever	✓	✓		✓
Abdominal and Back Pain	✓	✓		✓
Sore Throat and Cough	✓	✓		✓
Upper Respiratory Infections	✓	✓		✓
Cuts and Minor Burns	✓	✓		✓
Sprains and Strains	✓	✓		✓
Diabetes	✓			✓
Women's Health Issues	✓			✓
Mental Health (Depression, Anxiety, etc.)	✓			✓
Skin Problems	✓	✓		✓
Hypertension	✓			✓
High Cholesterol	✓			✓
Headaches and Migraines	✓	✓		✓
Asthma and COPD	✓	✓		✓
Hypothyroid/Thyroid Disorder	✓			✓
Medication Refills	✓			✓
Infections	✓	✓		✓
IV Hydration and IV Antibiotic Administration		✓		
Infusions		✓		
Allergic Reactions (Minor=UC, Major=ER)		✓	✓	
Broken Bones, Fractures and Dislocations		✓	✓	
Chest Pain			✓	
Constant Vomiting		✓		
Continuous Bleed and Deep or Large Wounds			✓	
Severe Shortness of Breath			✓	
Weakness or Pain in Arm or Leg			✓	
Head or Eye Injuries (Minor=UC, Major=ER)		✓	✓	
Unconsciousness			✓	
Suspected Heart Attack or Stroke			✓	